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The One Week Budget: Learn To Create Your Money Management System In 7 Days Or Less!





Synopsis

Best Sellers Rank: #1 in Personal Finance > BudgetingTOP 10 for 52 weeks+ in Personal Finance > BudgetingNOTE: This is a workbook. If you purchase the digital version of The One Week Budget vs. a physical copy, you can find the downloadable, spreadsheet templates from the book for free here: http://thebudgetnista.com/the-one-week-budget-templatesDescription: Hate paying bills? So do I, and that's why I stopped! What if I told you that I haven't paid a bill in almost two years and my credit score is in the high 700's, low 800's? Would you call me a liar or would you want to know how I did it? With the help of Bella the Budgetnista, featured in this book, we will teach you what I took years to learn. The One Week Budget is for anyone that wants to manage their day-to-day money without the day-to-day hassle. Does this sound like you? What are you waiting for? Read the book already! Tiffany "The Budgetnista" Aliche

Book Information

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Customer Reviews

My philosophy is to make a fortune, not save a fortune. That said, I don't want to waste money either, While reading "The One Week Budget: Learn to Create Your Money Management System in 7 Days or Less!" I decided to examine more closely where my money go. I found that I can save

about \$400 a month. I kid you not. It will take some doing and in some cases getting used to but it's worth the effort.Besides inspiring me to save some money and providing me with tips on how to do it, the book also debunked some of my preconceptions. Consolidating credit cards, for example. I had no idea what was involved! Now I know.Subject of the book - How to properly budget your finances through simple system of cutting expenses and maximizing savings via setting financial goals, using automation to pay bills, and making sure you have effective financial goals.Audience - Younger People. 'Young, Fabulous and Broke'. Though the methods in the book will work for almost everyone.Style - Clear, Engaging, Witty.Difficulty Level - Easy. Author worked as a teacher so she is good at explaining the subject matter. Plus it does not take long to learn how to use Excel :)Highly Recommended. Consider this book an investment.

After years of attempting to pay down my debt, "The One Week Budget" came along with practical steps to not only pay down debt, but to SAVE as well. This is a must read! The Budgetnista walks you through each part of the process and shares her personal testimony on how she was able to manage her finances through debt reduction and savings. Her wisdom is so practical that you will see immediate solutions and gain. When you complete your worksheet reality will set in but forge ahead anyway. When you begin to apply her principals you'll be able to go back to the worksheet and see how far you came. Best book on finance I've ever had...and I've had many. It's life changing!!!!

I'm sorry, Budgetnista, but your book just didn't do it for me. You should have budgeted for an editor, first of all. There are issues such as typos, incorrect grammar, and punctuation abuse on every page, which really distracted from your message.... especially since you're an ex schoolteacher!Beyond that, I just didn't find the advice or budget charts useful. This book may work for young women under the age of 22, but so much of your advice and charts are redundant to fill page space; additionally, your advice is just not possible for working professionals (especially those with children). For example, you advise people with a large amount of debt to move in with their parents?! That is just not an option for most working professionals!! also found it extremely odd that you chose to use "Bella" as an example. Bella makes double or triple the income of your target audience! And how in the hell does Bella only spend \$300 a month on her children? It's completely irrational and unreasonable. Another sore spot arose when I was reading your blog, and came across a statement from you advising people to foreclose on their houses---you stated that you have not paid your mortgage but have been squatting in your foreclosed house for six years. I was

completely aghast! This discredited you completely as a financial expert. People like you are the reason for the mortgage crisis. Furthermore you suggest people use Primerica for life insurance. Primerica is a powerfully terrifying multilevel marketing scheme that people should run fast and far away from at all costs! appreciate low cost of this book and your upbeat attitude and conversational style, but I would never recommend this book to my peers.

I really enjoyed the book and I had the pleasure of attending workshops with Tiffany. Her book is truly a reflection of her personality. Since reading the book and attending workshops I have changed many of my habits for the better. I loved the book so much that I purchased several for family as holiday gifts. In conclusion I recommend this book as a must read if you need help managing your finances.

I adore good reads that jump right in. Money and the fact that it matters is enough to make my ears perk up. The One Week Budget provides practical tips that are perfect for anyone. No spreadsheets or complicated formulas needed, just you, reality, paper, and pen. The Budgetnista provided tools that will allow you to make immediate changes in the , opposed to when you have thousands or millions. I LOVE her transparency and ability to relate to such a massive audience. Looking forward to Book #2:)

For someone new to budgeting, this book will hold your hand as you budget, understand bank accounts, and basically begin really managing your finances for the first time ever. For someone like myself, who has been budgeting a while (albeit imperfectly), this did not manage to touch on any great new points or streamline my system. This is not a bad book. It's just also not great. It's part chatty, part instruction. For those that want to dig straight in to the meat of it = this is NOT your book. Not because there's no meat, but rather you won't enjoy sifting through the personal stories and the "Ha ha, am I right?" to get to it. Pros: She does guide you through the process start to finish, explaining why she does things. She implements a technique I've just started doing recently (pre-read) and find helpful. Cons: Throughout the book there is an example budget from a real life client. When looking for ways to save money, the example shows this person lowering their LOAN payments. I did not find anywhere in the book where the reasoning for that was addressed. If you need to establish some emergency funds, etc, then that would make sense. But it is dumb to keep your loans at minimum payments and just keep paying interest on them if you have the funds to do otherwise. Please note: I purchased this as a Kindle ebook download. I think it is more difficult to

follow along with than if you had a paper version sitting in front of you. My recommendation to readers is to spring for the paperback version. This is more workbook than an advice read. My recommendation to the author would be to include a download key or something in the purchase, to accommodate easy download access to all the forms you provide.**Edited Feb 2nd, 2015**The author has made me aware that she has downloadable forms on her website. Happy budgeting all!

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